



OAS

More rights for more people

# CHAPTER

## *Program Guidebook*

# 2022-23

### OAS EDITION

#### **AUGUST**

- SADD Leads Training
- Membership Recruitment
- Chain of Life Activity
- Log Your Service Hours

#### **SEPTEMBER**

- Prepare for Red Ribbon Week
- Contract for Life Pledge Drive
- Register for Take Down Tobacco Day
- Download Mental Health Toolkit

#### **OCTOBER**

- Lead for Change Training
- Stomp Out Bullying Event
- Take Down Tobacco Event
- Red Ribbon Week Activities

#### **NOVEMBER**

- Host a Health and Safety air
- Great American Smokeout
- TextLess Live More | Go Cold Turkey
- SADD Support Cards Activity

#### **DECEMBER**

- Prepare for National Drug + Alcohol Facts Week
- Tree of Life Activity
- Focus on the Rise of Vaping
- Log Your Service Hours

#### **JANUARY**

- SADD Leads Training
- Marijuana Prevention and Education Focus
- CODA Awareness Activities
- Plan Global Youth Service Day

#### **FEBRUARY**

- Plan National Drug and Alcohol Facts Week
- Random Acts of Kindness Day/Week
- Is It Worth the Risk? Program
- Fake Pills | Song for Charlie Toolkit

#### **MARCH**

- CODA Activities
- Prom Promise Pledge Drive
- National Drug and Alcohol Facts Week
- Sleep Awareness Event/Activities

#### **APRIL**

- Plan for National Prevention Week
- Prom Promise Pledge Drive
- Alcohol Awareness Month
- Global Youth Service Day

#### **MAY**

- National Prevention Week/Month
- Erika's Lighthouse Training
- Partner with Local Elementary School
- Underage Drinking Prevention

#### **JUNE**

- Emotional Wellness Checklist
- Fake Pills | Song for Charlie Toolkit
- Plan for Next Year | Elect New Officers
- Log Your Service Hours

#### **CONTACT**

- To access the corresponding resources and toolkits for each event/activity/observance, contact Carol Lucio at [clucio@sadd.org](mailto:clucio@sadd.org)