

TEXTLESS LIVE MORE

mini guide

End distracted driving, **SAVE LIVES.**
Promote digital wellness, **CHANGE LIVES.**





our mission

We are a national awareness campaign with a mission to **end distracted driving** and **promote digital wellness**.



our name

Our name has dual meaning:

1 **TextLess to Live More:**

Never text behind-the-wheel to prevent deadly crashes

2 *to live more, literally.*

TextLess to Live More:

Practice the mindful use of technology
to live more, figuratively.



our story

TextLess Live More was founded in 2013 in honor of Merritt Levitan, who was just 18 years old when she was struck and killed by a distracted driver.

Merritt died because of 4 seconds of texting.

She is the inspiration behind our mission.

the pledge

what it is

A promise to yourself and your community that you will never drive distracted.

I pledge to never text, post, stream, or engage in any form of digital distraction behind the wheel. I take this pledge to save lives, prevent tragic crashes, and make the roads safe for everyone.

I pledge to step out from behind my screen and Live More every day to change our culture of distracted living and digital dependence.

what to do

You've got options:

1. Sign the pledge online. Make your pledge official and receive updates from TLLM.
2. Host a pledge event for your community. Set up a table in a common area, talk about the TLLM mission and invite people to sign the pledge. Create a pledge banner to be colorfully signed and publicly displayed. Hand out TLLM blue bracelets and stickers to remind people of their pledge.
3. Spread the word! Share TLLM with everyone you know and the importance of never using a device while driving.

what next

Everything you need for the pledge.

pledge sheet:



online pledge:



pledge TLLM banner template: stickers:



TLLM blue contact bracelets: TLLM:





We're here to help! Reach out to info@textlesslivemore.org with any questions, comments, or inquiries.

Check out www.textlesslivemore.org for more information and stay updated on all things TLLM by following us on Instagram [@textless_livemore](https://www.instagram.com/textless_livemore).